



For All Trail Users



Check the weather forecast for your destination. Pack clothing, equipment and supplies accordingly.

RULES

Know the regulations and special concerns for the area you'll visit. Obey all trail-use rules posted at trailheads.



Whenever possible, always be on the trail with someone else.



Wear the appropriate safety gear.



Make adequate provisions for water. Carry water and emergency supplies even on short trips.



Stay on designated trails.



Respect private property and route closures.



Be alert for natural hazards such as stinging insects, thorny vines, poison ivy, and overhanging limbs.



Please leave plants and animals undisturbed.



Pack out all trash that you bring to the area.

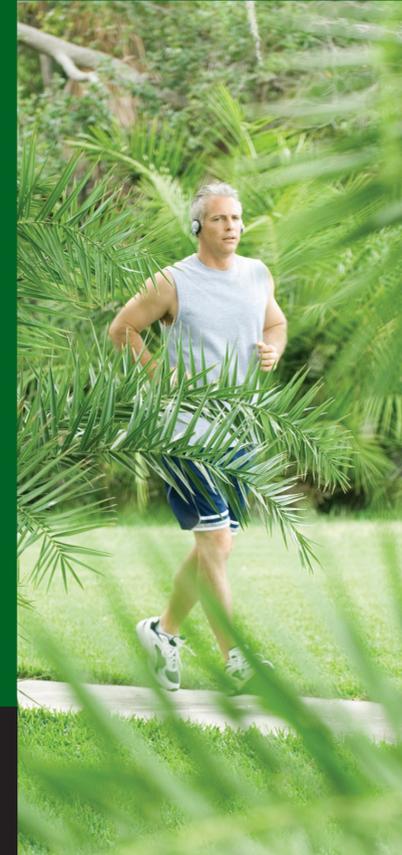
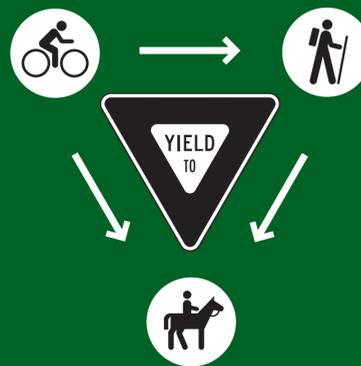


Do not leave valuable items visible in your vehicle when parked at a trailhead. Store valuables in the trunk or other secure location while you are on the trail.



Leash Pets: Please clean up after you pets

Sharing the Facilities



About this map:

This map illustrates the St. Lucie County bicycle and pedestrian facilities. It differentiates between existing and proposed facilities and distinguishes between different types of paths. The goal is to help you enjoy this beautiful county and take advantage of alternative forms of transport.



Sponsored by:
St. Lucie County
2300 Virginia Avenue
Fort Pierce, Florida 34982
<http://www.stlucieco.gov/>

Prepared by:



GLATTIG JACKSON KERCHER ANGLIN

www.glattig.com www.walkable.org

St. Lucie County Bicycle, Pedestrian, Greenways and Trails Master Plan



Tips & Safety

For Hikers & Pedestrians



When approached from behind by others traveling faster than yourself, step aside and let them pass.

If you are in a group, do not block the trail to other users.

Remember that equestrians have the right of way.

For Equestrians...



Travel at a safe speed. Approach each turn as if someone were around the turn.

Let users know when it is safe to pass your horse.

If a trail is muddy, the weight of a horse can damage it. Attempt to use an alternate trail if one is available.

For Bicyclists



1 Obey Applicable Lane Rules

Ride with Traffic flow and as far right as practical. Use bike lane if available. Ride to right-most portion of road when wide enough to share with cars. When lane is too narrow to share safely, ride further out in traffic lane.

2 Do Not Pass on the Right

Do not overtake an automobile when approaching an intersection or when the automobile has a turn signal flashing.

3 Scan the Road Around You

Watch constantly for cars, people, debris, grates, etc.. Make eye contact with drivers. Assume they don't see you until they stop. Learn to look over your shoulder without losing balance or swerving left. Some bicyclists use rear view mirrors.

4 Watch for Opening Car Doors

Whenever possible, ride about a car door's width away from parked cars.

5 Never Weave Between Cars

Ride in a straight line and avoid weaving between parked cars. Motorists may not see you when you re-enter traffic flow.

6 Ride Slowly on Sidewalks

On sidewalks, pedestrians have the right-of-way. You must give them an audible warning when you pass (voice, bell, or horn). Do not cross driveways or intersections without looking carefully for traffic. Yield to traffic when entering roadways. Riding on sidewalks is prohibited in the downtown area (illustrated in map below).

7 Never Ride Against Traffic

Motorists do not look for bicyclists riding on the wrong side of the road. In Florida the bicycle is legally defined as a vehicle. Bicyclists must obey the same traffic laws as operators of other vehicles. This rule does not apply when riding on sidewalks.

8 Follow Lane Markings

Do not turn left from the right lane. Do not go straight in a lane marked right-turn only.

9 Choose the Best Way to Turn Left

There are two ways to make a left turn: 1. As in driving, move into the left lane and turn left. 2. Like a pedestrians, ride straight to the far side crosswalk, and walk your bike across. Always use hand signals.

10 Use Light at Night

The law requires a white headlight (visible for at least 500 feet ahead), and rear reflector or trail light (visible at least 600 feet from behind). Nearly 60 percent of all fatal bicycle accidents occur during twilight and night hours.

11 Use Hand Signals

Hand signals tell motorists and pedestrians what you intend to do. Signal as a matter of law, of courtesy, and of self-protection.

12 Observe Skill Level of Off-Road Trails

Off-road trail systems vary in levels of difficulty. Choose a trail system fit for your personal skill level. To prevent injury, always wear a helmet while riding off-road.

13 Always Wear a Helmet

Nearly 75 percent of all bicycle-related deaths result from head injuries. Wearing a helmet is optional for persons 16 years or older, but Florida law requires a bicycle rider or passenger under 16 to wear a bicycle helmet meeting specific safety standards.



Florida's Bicycle Safety Laws

Legal Status – Bicycles are Vehicles

In Florida, the bicycle legally defined as a vehicle. Bicyclists have the same rights to the roadways and must obey the same traffic laws as the operators of other vehicles. These laws include stopping for stop signs and read lights, riding with the flow of traffic using lights at night, and yielding the right-of-way when entering a roadway.

With few exceptions, there is only one road and it is up to bicyclists and motorists to treat each other with care and respect. Strict adherence to the law in the foundation for this respect.

Traffic Law Highlights

Bicycle Regulations (see Section 316.2065, F.S.)

A bicyclist must obey all traffic controls and signals

A bicyclist must use a fixed, regular seat for riding.

No bicycle may be used to carry more persons at one time than the number for which it is designed or equipped, except that an adult rider may carry a child securely attached to his or her person in a backpack or sling, a bicycle rider must carry any passenger who is a child under 4 years of age, or who weigh 40 pounds or less, in a seat or carrier that is designed to carry a child of that age or size and that secures and protects the child from the moving parts of the bicycle. A bicycle rider may not allow a passenger to remain in a child seat or carrier on a bicycle when the rider is not in immediate control of the bicycle.

A bicycle rider or passenger who is under 16 years of age must wear a bicycle helmet fastened securely to the head. The helmet must meet the standards of the American National Standards Institute (Z90.4) or Snell Memorial Foundation (1984) or Consumer Product Safety Commission (1997).

At least one hand must be kept on the handlebars while riding.

Parents and guardians must not knowingly allow a child or minor to violate any provision of this section.

Every bicycle must be equipped with a brake or brakes which allow the rider to stop within 25 feet from a speed of 10 miles per hour on dry, level, clean pavement.

Sidewalk Riding (see Section 316.2065, F.S.)

When riding on sidewalks or in crosswalks, a bicyclist has the same rights and duties as a pedestrian.

A bicyclist riding on the sidewalk or in crosswalks must yield the right-of-way to pedestrians and must give an audible signal before passing.

Lighting (see Section 316.2065, F.S.)

A bicycle operating between sunset and sunrise must be equipped with a lamp on the front exhibiting a white light visible from 500 feet to the front and both a red reflector and a lamp on the rear exhibiting a red light visible from 600 feet from the rear.

Additional lighting is permitted and recommended.

Roadway Position (see Section 316.2065, F.S.)

A bicyclist who is not traveling at the same speed of the other traffic must ride as close as practicable to the right hand curb or edge of the roadway. A bicyclist may leave the right-most portion of the road in the following situations: when passing, making a left turn, to avoid hazards, or when a lane is too narrow for a bicycle and a car to share safely.

A bicyclist operating on a one-way street with two or more traffic lanes may ride as close to the left hand edge of the roadway as practicable.

Riding in single file is required except on bike paths or parts of roadways set aside for exclusive use of bicycles, or when two people riding side-by-side within lane will not impede traffic flow.

Left Turns (see Section 316.151[1][b] and [c], F.S.)

A bicyclist intending to make a vehicle left turn is entitled to full use of the lane from which the turn is made. After

scanning, signaling, and moving to the center of the lane, the bicyclist must check the signal, then proceed when it is green and safe to do so.

In addition to the normal vehicle left turn, a bicyclist may proceed through the right-most portion of the intersection and turn as close to the curb or edge as possible at the far side. After complying with any official traffic control device, the bicyclist may proceed to the new direction of travel.

Another option available to a bicyclist is to dismount and walk through the intersection in the crosswalk like a pedestrian.

Signaling Turns (see Section 316.155[2] and 316.157[2], F.S.)

A signal of intent to turn must be given during the last 100 feet traveled by the vehicle before turning. If a bicycle needs both hands for control, the signal need not be given continuously.

A bicyclist may signal intent to turn right either by extending the left hand and arm upward or by extending the right hand and arm horizontally to the right side of the bicycle.

Headsets (see Section 316.304.F.S.)

A bicyclist must not wear a headset, headphones, or other listening device other than a hearing aid when riding. Wearing a headset blocks out important audio cues needed to detect the presence of other traffic.

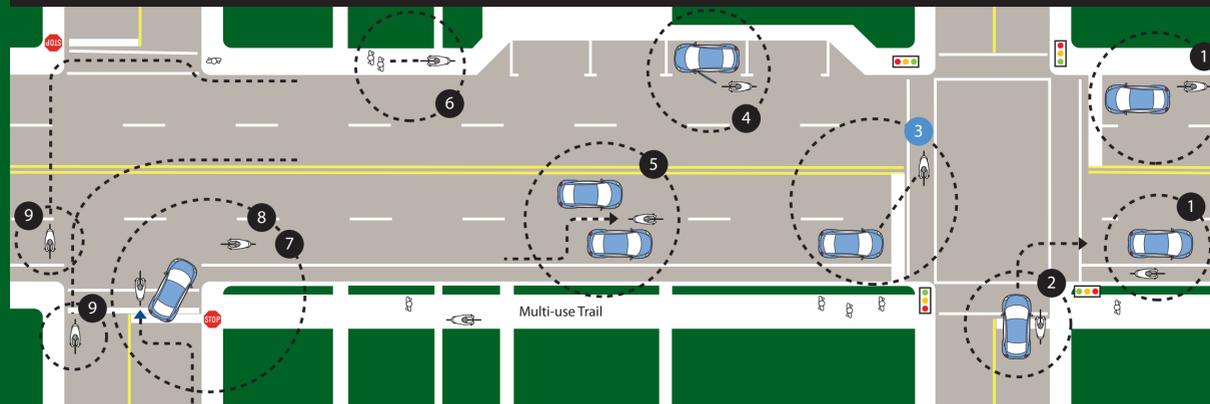
Civil Penalties (see Section 318.18[1], [2] and [3], F.S.)

Civil penalties may be issued for violations of bicycle laws as well as the moving and non-moving violations.

Limited Access Facilities and Interstate Highways (see Section 316.091, F.S.)

Bicycles shall not operate upon a limited access facilities or interstate highways.

Cycling Safely in Town



Local Bike Shop Information

Orange Blossom Bicycle Shop
3260 River Dr.
Fort Pierce, FL 34981
(772) 465-8880

Wayne & Eleanore Rideout
510 Joanne Ln.
Port St. Lucie, FL 34952
(772) 878-2677

Sprockets Adventures Inc
345 SE Port Saint Lucie Blvd.,
Port St. Lucie, FL 34984
(772) 336-3399